

# HRVATSKA ATLETSKA LIGA SJEVER

## RASPORED KATEGORIJA I DISCIPLINA U 2013.GODINI:

KROS: SVE KATEGORIJE KARLOVAC 06.04.2013. SUBOTA

KATEGORIJE 1.DANA:

KOLO	LIMAČICE LIMAČI	MLAĐE KADETKINJE	MLAĐI KADETI	STARIJE KADETKINJE	STARIJI KADETI
1.KOLO 13.04. 2013. SUBOTA VARAŽDIN	60m,200m,400m, dalj/zona/,vortex, 4x100m.	60m,200m, 400m,80pr, 4x100, dalj/zona/ kugla/3kg/	60m,200m, 400m,80pr, 4x100m, vis, vortex.	60m,300m, 1000m,100pr, 4x100m, dalj, kugla,koplje	60m,300m, 1000m,100pr, 4x100m, vis, disk,kladivo
2.KOLO 27.04. 2013. SUBOTA VARAŽDIN	60m,200m,600m, dalj/zona/,vortex, 4x100m.	60m,300m, 600m,300pr, 4x100, vis,motka, vortex.	60m,300m, 600m,300pr, 4x100, dalj,motka, kugla/3kg/.	100m,600m, 1500m,300pr, 1234x100m, vis,motka, disk,kladivo.	100m,600m, 1500m,300pr, 1234x100m, dalj,motka, kugla,koplje.
3.KOLO 08.06. 2013. SUBOTA ČAKOVEC	60m,200m,400m, dalj/zona/,vortex, 4x100m.	60m,200m, 400m,80pr, 4x100, dalj/zona/ kugla/3kg/	60m,200m, 400m,80pr, 4x100m, vis, vortex,	60m,400m, 1000m,100pr, 4x100m, dalj, kugla,koplje.	60m,400m, 1000m,100pr, 4x100m, vis, disk,kladivo.
4.KOLO 18.05. 2013. SUBOTA ZAGREB	60m,200m,600m, dalj/zona/,vortex, 4x100m.	60m,300m, 600m,300pr, 4x100m vis,motka, vortex.	60m,300m, 600m,300pr, 4x100, dalj,motka, kugla/3kg/	100m,600m, 1000m,300pr, 1234x100, vis,motka, disk,kladivo.	100m,600m, 1000m,300pr, 1234x100, dalj,motka, kugla,koplje.
5.KOLO 29.09. 2013. NEDJELJA ZAGREB	60m,200m,600m, dalj/zona/,vortex, 4x100m.	60m,200m, 400m,80pr, 4x100, dalj/zona/ kugla/3kg/.	60m,200m, 400m,80pr, 4x100, vis, vortex.	60m,300m, 1500m,100pr, 4x100m, dalj, kugla,koplje.	60m,300m, 1500m,100pr, 4x100m, vis, disk,kladivo.
6.KOLO 05.10. 2013. SUBOTA VARAŽDIN <b>POJEDINAČNO</b>	60m,200m,600m, dalj/zona/,vortex, 4x100m.	60m,300m, 600m,80pr, 4x100, dalj,vortex.	60m,200m, 400m,80pr, 4x100, vis,kugla.	60m,300m, 800m,100pr, 1234x100, disk,kladivo.	60m,200m, 1000m,100pr, 1234x100, disk,kladivo.

**PAŽNJA: 400 m MLAĐE JUNIORKE I MLAĐI JUNIORI,VISOKI START U SVOJIM STAZAMA NA OZNACI 800 m,ULAZA U PRVU STAZU NAKON 100 m . OBAVEZNO PRIJAVITI ZA TE TRKAČE STARTNE BROJEVE.**

KATEGORIJE 2.DANA:

KOLO	MLAĐE JUNIORKE	MLAĐI JUNIORI	ŽENE ST. JKE .	MUŠKI ST.JRI.	VETERANKE	VETERANI
1.KOLO 14.04. 2013. NEDJELJA VARAŽDIN	100m,300m, 600m,1000m, 400pr,4x100, dalj, disk,kladivo.	100m,300m, 600m,1000m, 400pr,4x100, vis,3-skok kugla,koplje.	100m,300m, 800m,1500m 400pr,4x100, dalj, disk,kladivo.	100m,300m, 800m,1500m, 400pr,4x100, vis,3-skok kugla,koplje.	100m, 1500m, dalj, disk.	100m, 1500m, kugla.
2.KOLO 28.04. 2013. NEDJELJA VARAŽDIN	200m,400m, 800m,1500m, 2000 zapreke, 100pr,1234x vis,3-skok kugla,koplje.	200m,400m, 800m,1500m, 2000zapreke, 100pr,1234x dalj,motka disk,kladivo.	200m,400m, 1000m,3000m, - 100pr,1234x vis,3-skok, kugla,koplje.	200m,400m, 1000m,3000m, - 110pr,1234x dalj,motka, disk,kladivo.	200m, 1000m, koplje.	200m, 3000m, dalj, kladivo.
3.KOLO 12.05. 2013. NEDJELJA ČAKOVEC	100m,300m, 600m, 2000zapreke, 100pr,4x100 dalj,motka disk,kladivo.	100m,300m, 600m, 2000zapreke 100pr,4x100 vis,3-skok kugla,koplje.	100m,600m, 2000zapreke 100pr,4x100 dalj,motka, disk,kladivo.	100m,600m, 2000zapreke 110pr,4x100, vis,3-skok kugla,koplje.	100m, 600m, dalj, kugla.	100m, 600m, koplje.
4.KOLO 19.05. 2013. NEDJELJA ZAGREB	200m,400m, 600m,1000m, 100pr,1234x vis,3-skok kugla,koplje.	200m,400m, 600m,1000m, 100pr,1234x dalj,motka disk,kladivo.	200m,400m, 800m,1500m, 100pr,1234x, vis,3-skok, kugla,koplje.	200m,400m, 800m,1500m, 100pr,1234x, dalj,motka, disk,kladivo.	400, 1500m, kladivo,	400m, 1500m, dalj, disk,
5.KOLO 15.09. 2013. NEDJELJA ZAGREB	100m,300m, 600m,1000m, 400pr,4x100 dalj,motka disk,kladivo.	100m,300m, 600m,1000m, 400pr,4x100 vis,3-skok kugla,koplje.	100m,300m, 3000m, 400pr,4x100, dalj,motka, disk,kladivo.	100m,300m, 3000m, 400pr,4x100, vis,3-skok, kugla,koplje.	300m, 3000m, dalj, disk.	300m, 3000m, kugla.
6.KOLO 06.10. 2013. NEDJELJA VARAŽDIN	200m,600m, 1000m,400pr, 1234x100, vis,3-skok disk,kladivo.	200m,600m, 1000m,400pr, 1234x100, vis,3-skok, disk,kladivo.	200m,400m, 1000m,400pr, 1234x100, vis,3-skok disk,kladivo.	200m,400m, 1000m,400pr, 1234x100, vis,3-skok, disk,kladivo.	200m, 1000m, dalj, kugla.	200m, 1000m, dalj, kugla.

**POJEDINAČNO**

- **U KATEGORIJAMA STARIJIH JUNIORA-KI TE KATEGORIJAMA SENIORA-KI PROGLAŠENJA SE ODRŽAVAJU ODVOJENO.**

U VARAŽDINU,21.02.2013.